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### **Research Article**

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# Consequence of concurrent use of chloroquine and hydroalcoholic extract of *Balanites aegyptiaca* and leaf leatx of *Aloe camperi*

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# ABSTRACT

Prescription and/or over the counter medications when taken together with certain foods or herbal substances, leads to either increase or decrease a drug's therapeutic out comes or adverse effects. It has been reported that a number of plant materials alter some pharmacokinetic parameters of chloroquine when administered concurrently. In some malarious areas of Ethiopia like Tigray region where chloroquine is used as antimalarial drug, medicinal and/or food plants are commonly consumed as herbal medicines or as food items. Thus, this study was aimed to evaluate the potential consequence of oral co-administration of hydroalcoholic fruit extract of *Balanites aegyptiaca* and leaf latex of *Aloe camperi* on the antimalarial effectiveness of chloroquine. Extract alone and extract in combination with chloroquine were tested against plasmodium berghie infected mice using peters four day suppressive method. Acute toxicity study was also carried out. The present study revealed that concurrent administrations of leaf extract of *Balanites aegyptiaca* and leaf leatx of *Aloe camperi* can potential of chloroquine. From the study it can be concluded that *Balanites aegyptiaca* and leaf leatx of *Aloe camperi* can potentiate malaria suppression of chloroquine.

Keywords: Aloe camperi, Balanites aegyptiaca, Chloroquine, Concurrent use, Consequence, Malaria.

# **INTRODUCTION**

The use of herbal medicines (HM) is on the rise among the global population. Although the safety profile of many herbal medicines is promising, accumulated data show evidence of significant interactions with medications, which can place individual patients at great risk. Worldwide, most HM can be obtained without a prescription from various sources. The evidence from the literature that HM has pharmacological effects and may lead to adverse interactions when co-administered with prescription medicines has grown<sup>[1]</sup>.

Most natural products, unlike conventional drugs, are a complex mixture of chemical constituents. Often a complete characterization of the bioactive compounds from an herbal is unknown. Additionally, the chemical makeup of natural products varies depending on the part of the plant used, climate, growing conditions, harvesting, and storage conditions. The complex nature and the manufacturing process of a natural product complicate the determination of herb-drug interactions <sup>[2]</sup>. Some medicinal and/or food plants, alter some pharmacokinetic parameters of chloroquine through interfering with its absorption, distribution or elimination consequently either increase or decrease blood level of chloroquine when concurrently consumed <sup>[3]</sup>. Muregi *et al* (2007) reported that chloroquine in combination with methanolic extracts of *Albizia gummifera*, *Ficus sur*, *Rhamnus prinoides* and *Rhamnus staddo*, *Caesalpinia volkensii*, *Maytenus senegalensis*, *Withania somnifera*, *Ekebergia capensis*, *Toddalia asiatica* and *Vernonia lasiopus* were found to have statistically significant and improved suppressions <sup>[4]</sup>, while *Azadirachta indica* tend to reduce serum levels of chloroquine decreasing suppression outcome of chloroquine <sup>[3]</sup>.

Plants commonly used in traditional medicine are assumed to be safe due to their long usage in the treatment of diseases according to knowledge accumulated over centuries <sup>[5]</sup>. Taking the above considerations in to account, this project was aimed to evaluate the potential consequences of concurrent use of chloroquine with hydroalcoholic extracts of traditional used local medicinal plants Balanites *aegyptiaca* and leaf leatx of *Aloe camperi* on the antimalarial efficacy of chloroquine.

# MATERIALS AND METHODS

### Plant Collection and preparation

Ethnobotanic information, about folklore use and concurrent use of herbal preparations with chloroquine

with a voucher specimen and transported to the Laboratory of was retrieved from local informants (Traditional medicine practitioners, local peoples and herbal sellers) through semi-structured interview so as to select plants for the study. Fresh fruits of *Balanites aegyptiaca* and leaf latex of *Aloe camperi* were collected from the Ethiopian flora for the experimentation in February 2015. Sample specimen for *Balanites aegyptiaca* (collection number GG004) and *Aloe camperi* (collection number GG002) was collected and authenticated by botanist at addis Ababa University, Biology department; and sample specimen was deposited for further reference.

### Extract preparation

Crude extracts of *Balanites aegyptiaca* was prepared from air dried powdered fruits using 70% ethanol following the procedures described by Mukherejee, <sup>[6]</sup> and the leaf leatx of *Aloe camperi* was collected from by concentrating the leaves around a plate. Stock solution of test extracts (TEs) (1000 mg/kg body weight) and chloroquine (CQ) phosphate (25 mg/kg body weight) was prepared using distilled water. Mixing equal volumes of TE and CQ stock solutions produced TE-CQ mixture (TE, 500 mg/kg, CQ, 12.5 mg/kg body weight). Test samples was comprised of distilled water (-ve control), TEs (500 mg/kg bw), TE+CQ mixture (500+12.5 mg/kg bw), and CQ (12.5 mg/kg bw, +ve control). Finally extracts of fruits of *B. aegyptiaca* and leaf leatx of *A. camperi* and extract in combination with chloroquine (CQ) were prepared for further activity.

### In vivo Antiplasmodial Activity Evaluation: 4-day suppressive test

All experiments were carried out after approval from Institutional Review committee of the College of Health Sciences, Mekelle University. *Plasmodium berghei* infected donor mice was obtained from the Ethiopian public health institute, Addis Ababa. Acute oral toxicity study was performed as per Organization for Economic Cooperation and Development guidelines 425<sup>[7]</sup>. The test protocol was based on the 4-day peters suppressive test. Swiss albino mice of both sexes (8-12 weeks of age) were used during the study. Parasitized erythrocytes were obtained from the jugular vein of *P. bergie* infected donor mouse. The study animals were grouped in to six group having five mice per group where group-I provided with fruit extract of *Balanites aegyptiaca* (500mg/kg), group -II received 500mg/kg leaf leatx of *Aloe camperi* (AC), group-III: chloroquine (CQ) and

*Balanites aegyptiaca* (12.5mg/kg CQ +500mg/kg BEF), group-VI: Chloroquine and leaf leatx of *Aloe camperi* (12.5mg/kg CQ +500mg/kg AC), group-V: 12.5mg/kg chloroquine (CQ) and group-VI: received 10ml/kg distilled water respectively. All animals were infected with 0.2 ml suspension- expected to contain 1 x  $10^7$  infected erythrocytes (IE) of *P. berghei* intraperitonially (IP) in day one. 2-3 hrs post infection test samples were administered orally using standard oral gavages. Treatment was continued until the fourth day. In day five blood samples were taken from the tail of each mouse and a thin blood films were prepared, fixed with methanol and stained using Giemsa stain (10%) and observed microscopically with a magnification power of 100X. Levels of blood parasite and the average percent parasite suppression were calculated as follows:

 % Parasitaemia = <u>Number of parasitized RBC</u> Total number of RBC count X 100
% Suppression = (<u>Mean parasitemia of negative control- Mean parasitemia of treated</u>) Mean parasitemia of negative control

#### Data analysis

The data were expressed as Mean  $\pm$  Standard error of mean (M  $\pm$  SEM). The differences between means were analyzed using windows SPSS Version 16 and comparison of parasitaemia among groups was determined using one-way ANOVA and post hoc analysis using Tukey's-HSD-test. The P values <0.05 were considered as significant.

### **RESULTS AND DISCUSSION**

The results of acute toxicity study indicated that there were no visible signs of toxicity and mortality observed in any animals within 24h, and for the next 14 days after oral administration of the extracts, at a dose up to 2000 mg/kg body weight.

The percentage suppression of *P. berghei* in mice was found insignificant after oral administration of *Balanites aegyptiaca* fruit extract and leaf latex of *A. camperi* only as compared to those received extract in combination with chloroquine. However study animals which recieved *Balanites aegyptiaca* fruit extract were found to have significant parasitemia suppression as compared to control groups provided with distilled water (Table 1).

Table 1: Percentage suppression of *P. berghei* in mice after treatment of the hydroalcoholic extract of BEF, leaf latex of AC and in combination CQ

Group	Drug/Extract	Dose (mg/kg /day)	% Parasitaemia ± SEM	% Suppression	
Group-1	BEF	500	18±0.07	57.1* <sup>a</sup>	
Group-2	AC	500	$27.2 \pm 0.11$	35.2	
Group-3	BEF+ CQ	500+12.5	$0.2 \pm 0.002$	99.5	
Group-4	AC+ CQ	500+12.5	$2 \pm 0.01$	95.2	
Group-5	CQ	12.5	2.8 ±0.04	93.3	
Group-6	Dist.Water	10 ml/Kg	$42 \pm 0.05$	0.00	

Values are presented as  $M \pm SEM$ ; n = 5; \*P < 0.05; suppression was significant; a = comparison with that of the negative control; BEF; *Balanites aegyptiaca* fruit, AC; *Aloe camperi*, CQ; Chloroquine

Table 2: Body weight and mean survival time of *P. berghei* infected mice after the administration of extract and, extract and chloroquine combination

Group	Drug/Extract	Dose (mg/kg /day)	$Wt \; D_0 \pm SEM$	Wt D <sub>4</sub> ±SEM	Wt Mean difference (D <sub>4</sub> , D <sub>0</sub> )	MST
Group-1	BEF	500	24.6±1.3	18.8±4.2	-5.6	11±1.0
Group-2	AC	500	23.4±0.5	31.4±2.2	8	$9.6\pm0.8$
Group-3	BEF+ CQ	500+12.5	19.3±0.48	25.2±0.7	5.9	15.5±1.3
Group-4	AC+ CQ	500+12.5	31.8±0.48	27.4±1.6	-4.4	12.3±0.3
Group-5	CQ	12.5	17.3±0.33	18.8±0.5	1.5	ND
Group-6	Dist.Water	10 ml/Kg	28.5±0.87	24.8±0.9	-3.7	9.3±1.0

Values are presented as  $M \pm SEM$ ; n = 5; Wt D<sub>0</sub>: weight pre-treatment on day zero; Wt D<sub>4</sub>: weight post-treatment on day five; MST: Mean Survival Time; ND: No death within the follow-up (28-days). BEF; Balanites aegyptiaca fruit, AC; Aloe camperi, CQ; Chloroquine

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Body weight and mean survival time of *Plasmodim berghei* infected mice were higher in groups treated with extract and chloroquine combination than study animals provided with extract only though they were found to be lower than those treated with chloroquine phosphate (Table 2).

The results of the present study showed that the *Balanites aegyptiaca* fruit extract showed significant anti-plasmodial activity when it is given extract only and in combination with chloroquine too. On the contrary of leaf latex of *aloe camperi* revealed it had weak antimalarial activity but when co-administrated with chloroquine it seems it has weak effect on chloroquine (Figure 1).

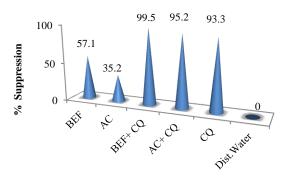


Figure 1: Percent suppression of *Balanites aegyptiaca* fruit and leaf latex of *Aloe camperi* in combination with chloroquine

Some medicinal and/or food plants, when concurrently consumed with drugs, are known to affect the way in which the body handles drugs and therefore have the potentials to either increase or decrease a drug's therapeutic or adverse effects. Some plant materials alter some pharmacokinetic parameters of chloroquine through interfering with its absorption, distribution or elimination. For example, while grapefruit juice and spinach increased blood level of chloroquine; Gnetum africana and Azadirachta indica [8] tend to reduce serum levels of chloroquine [3], ethanol extract of Vernonia amygdalina leaves <sup>[9]</sup>; ethanol extract of *Telfairia occidentalis* leaves <sup>[10]</sup>; and ethanolic extract of Heinsia crinata leaves [11] were shown to impair the bioavailability and decreased some of the pharmacokinetic parameters of chloroquine and thereby my render it ineffective. Thus, positive and negative effect seen on the parasitemia suppression potential of the medicinal plants may due to the above mentioned mechanisms.

In addition, the other parameter used to evaluate the efficacy of antimalarial plant extract is mean survival time <sup>[12]</sup>. The mean survival time of mice treated with chloroquine in combination with extracts were shown to be high as compared to extract only treated groups, which was statistically significant (P < 0.05) but survived less as compared to chloroquine alone treated groups (Table 2).

### CONCLUSION

The present study justifies the antimalarial activity potential of the medicinal plants. More over *Balanites aegyptiaca* fruit extract significantly increased malaria suppression outcomes of chloroquine and leaf latex of *Aloe camperi* potentiate were found to have less positive effect on the suppression potential of chloroquine.

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